



# COMINGS 'n GOINGS

Quarterly Publication of the GMC Heritage Cruisers

Covering Parts of Ontario, New York, Pennsylvania, Ohio, Michigan, & West Virginia

[www.gmcheritagecruisers.com](http://www.gmcheritagecruisers.com)



2017

**Happy Halloween !!!**



**From the President**

**THAAA PAARTY'S OOOVER !**

*What a run we've had! Great rallies , weather and camaraderie. Thank you all, the hosts and helpers, for a successful season. And thank you for this fine finish to my tenure as your president. As a firm believer in term limits, I will pass the scepter to Steve Lill for the 2018/19 term (and possibly beyond). I / we wish him well. The rest of the Executive and supporting staff will continue in their roles as backup / think-tank for Steve. I have enjoyed the past four years greatly. Thank you for your encouragement and support.*

*Onward and Upward ! Westward HO!*

*Fran*



**Rallies 2018**

- 1 – 4 February – Coachless rally  
Niagara Falls – Podmores & Urbanskis  
**Registration Attached**
- 11 – 13 May – Casa Dea Estates Winery,  
Wellington, Ontario - Lills
- Early June – Plunkett's Cruzin, London,  
Ontario - Peazels
- July - Open
- 23 – 26 August – Tweed, Ontario –  
Elzingas **See Below**
- September - Open

**"Tribute to Elvis"**

Jack & Pat Elzinga have arranged for the August rally to be at the Elvis Festival in Tweed, Ontario.



We have to reserve our sites now. **To ensure you get a prime site in the front send \$190 Cdn to Jack Elzinga now.** That is four nights camping and two tickets to all the shows. Breakfast is available Saturday & Sunday for \$5 each day per person. Include that also if you want the hot breakfasts.

### **Sick Bay**

Bruce Hood is taking chemotherapy now. Cards or emails are appreciated, but please do not expect a reply to emails.

### **In Memoriam**

Norma Hill passed away this year in a nursing home in Brockville. Norma & Fred were very active in the Club for many years, including hosting a number of rallies at the Royal Canadian Legion in Morrisburg. It was also learned that their son, David passed away this past summer. He took many of us out on the St Lawrence River on his sail boat during the rallies. Dodging Lake freighters was one of his thrills !!

### **2017 Rallies**

**August Rally** – We had a great rally in the Lake Chautauqua area of western New York including a tour of Jamestown, the Lucille Ball museum, and the Institute. Thanks to Lois & Fran Urbanski for setting it up and picking such fine restaurants.



*The Happy Gang*



*Armed & Dangerous !!*



*Judy & Lucy !!*



*Beautiful Area at Chautaugua, NY*

**September Rally** – We had our last rally of 2017 at the GMCMI Convention in Elkhart, Indiana. There were 19 Heritage Cruiser couples in attendance out of 199 attending the Convention. Other than a few moments of rain we had very good weather in a great campground.



*Cliff's View*



*Grease Monkey !!*



*On the Way to Exercises !!*



*A Little Rain !!!*

## **2017 Club Elections**

The Club election for 2018-19 was held in Elkhart, Indiana at the GMCMI Convention on 16 September. A quorum was present. The results are as follows:

President	Steve Lill
VP Tech	Bruce Hislop *
VP WM	John Peazel *
Treasurer	Nancy Berry *
Secretary	The Pikes *
Historian	Cliff Pike *

Editor Al Hamilton \*  
Membership Al Hamilton \*

National Director John Evans \*  
Alternate Nat Director Roy Carscadden

Nominating Committee  
Roy Carscadden, Bob Paterson,  
Al Hamilton

Incumbents - \*



### Introduction from the President-Elect

Hi all,  
Karen and I feel very lucky to be a part of this dynamic and welcoming group and I look forward (as your new president-elect) to helping it continue on this path. My background is in Electrical Engineering and I spent many years designing BlackBerries for RIM as well as other circuit board design projects. Karen spent 20+ years raising children at her daycare and has now shifted to helping folks eat better to get healthy. We look forward to many years taking care of each other along with our 1974 coach "Delilah".

### GMCM I Commentary

Wow, that was an intense week of learning. I attended almost all of the tech meetings trying to soak up the huge accumulation of knowledge that sits in the minds of the other owners and vendors while Karen enjoyed giving her 1st non-tech session talk on healthy eating. We purchased many spare parts and benefited from Al Ferrara's skill in fixing our steering. We both look forward to attending many more of these interesting rallies.

Cheers, Steve

### Outgoing Officers

Three of our Chapter officers are retiring at the end the year. Linda Foldy served as the Non-Tech Coordinator and Dick Longman as the Alternate National Director. Fran Urbanski has been our President for the last four years. We want to express our appreciation for the time and effort they put into serving the Club. Thank you for all you did.

### New Members

Three new members joined at the GMCM I Convention in Elkhart. They are Larry & Kris Whisler of Cicero, Indiana, Gordon Gibson & Frances Algar from Montreal West, Quebec, and John & Eileen Rogers from Spencerport, New York. Welcome to you all and we hope to see you at the 2018 rallies.



### Membership Dues for 2018

That time of year has come once again. The Chapter dues for 2018 are payable by 1 January 2018. Earlier is better !!!

Complete the dues enclosure and mail it with your dues in either US or Canadian funds to our Treasurer, Nancy Berry. **Check carefully who the cheque is to be made out to. It is different for US & Canadian funds. The cost of dues is \$12.00.** If you have paid the 2018 dues then there should be no dues enclosure with your newsletter.

On 1 May anyone who has not paid is dropped from the membership and the mailing lists and will miss a newsletter or rally information.

## FMCA Vote

FMCA is considering allowing members owning towed RVs into the association. All FMCA members can vote on this very fundamental change to the association. Your vote must be in by 30 November. For details see the FMCA web site or the October issue of the magazine, page 82.

## Tech Talk



### Carbon Monoxide is Dangerous Stuff

by Bruce Hislop, VP Tech



Carbon monoxide (CO) is a colourless, odourless, tasteless, but highly toxic gas that is slightly less dense than air. It is formed when burning any carbon based fuel such as gasoline, propane, butane and even fire wood.

Normally, exhaust from an internal combustion engine or a furnace is expelled into the outside air where it slowly rises and is carried away and dispersed. However, if it enters an enclosed space (like your coach), the concentration levels will rise quickly without you noticing. CO can enter through an open window or roof vent with a running generator or nearby coach, or a crack in the furnace heat exchanger. Consider your neighbours and wind direction when running a generator or your coach. Don't forget the operation of your oven, stove top and other fuelled appliances, such as on-demand water heaters and space heaters release their exhaust directly into your coach.

When inhaled, the CO molecule basically blocks the blood's mechanism to absorb oxygen leaving your body organs starved for oxygen. The most common symptoms of carbon monoxide poisoning may resemble other types of poisonings and infections, including symptoms such as headache, nausea, vomiting, dizziness, fatigue, and a feeling of weakness. Neurological signs include confusion, disorientation, visual disturbance, fainting, and seizures.

Concentrations as low as 667 ppm may cause a loss of 50% of the blood's oxygen which may result in seizure, coma, and fatality. An interesting note is that modern automobile exhaust emissions are in the 5-15ppmv range, while a vehicle without a catalytic converter (like our coaches) range up to 7,000- 35,000 ppmv.



CO detectors are readily available, and like smoke detectors, they need batteries replaced regularly. Both also have a life span and should be replaced as per the manufacturer's recommendation. Note that their life span is shortened in the RV environment (heat, cold, etc.)

I write this because we believe Paula might have suffered from CO poisoning inadvertently. After a recent rally she was cleaning up in the coach with the windows and door opened. An adjacent coach was started and left idling for about 30 minutes. I came into our coach to find Paula suffering from many of the symptoms listed above. Thankfully Lois Urbanski was still at the campground and came to look at Paula. She had me close the door and windows then turn on the fans and A/C to vent the coach. It was two days before Paula was feeling well again.

We had a CO detector which did not go off, but it was at the back of the coach and Paula was working in the front area. I have since replaced it and the smoke detector with new units. As I write this, I think I will install both types of detectors near the front of the coach as well.



So be aware of this silent menace.

All of the information on CO I gleaned (and copied!) from the Wikipedia article:

[https://en.wikipedia.org/wiki/Carbon\\_monoxide](https://en.wikipedia.org/wiki/Carbon_monoxide)

Here is a table of CO concentrations and their effects:

<https://www.abe.iastate.edu/extension-and-outreach/carbon-monoxide-concentrations-table-aen-172/>

Please read the article for more information and stay safe!

### Liability Disclaimer

**The GMC Heritage Cruisers, its officers, and the Editor are not responsible for the accuracy of advice and/or technical notes published in the "Comings 'n Goings". Adjustments or installations made to coaches on the basis of information presented in this publication are the responsibility of the individual coach owner.**

### **Rally Photos**

If you have rally photos that you would like to share, send them to Cliff Pike, the Club Historian, so they can be included in the archives, digital edition. Cliff took lots of photos at rallies and you can see them at: <https://www.flickr.com/photos/133356126@N03/albums>. There is also a link to the rally photos on our web site.



### **Classified**

**Free:** - Suburban SF-30 furnace for parts or repair. Thirteen years old with an igniter replaced two years ago. Heat exchanger in good shape. Blower motor seized - over \$100 for a replacement motor. Al Hamilton 613-659-3522 or akh@1000island.net.

**Wanted:** One Alcoa 16 inch wheel for a spare. Appearance not important. Call Kari Valance - 613-332-5242 or kari@valanne.net

**For Sale: (going out of business sale !!)** Here is a list of various parts from Dan Stuckey - stuckey@brktel.on.ca or 519-844-2083 :

Upper A-arms rebuilt, gusseted, new ball joints and bushings - \$395 US R and L sides

Lower A-arms - \$850 US R and L sides

Macerator kits - only two remaining - \$350 US ea.

Two engine sub frames galvanized - \$1795 US ea.

One rear sub frame galvanized - \$500 US

Four frame cross members galvanized - \$250 US ea.

Two body to frame pads sets - \$60 US ea.

Fresh water tank new 18" x 12" x 35" - \$100 US

Valterra toilet lever flush - \$80 US

Clearance light seals - \$1 US ea.

Four licence plate lights - \$2 US ea.

Carter P 4070 electric fuel pump rebuild kit - \$ 5 US

**For Sale:** Here also is a list of the remaining parts that Paul Lambke has - 519-443-7543 or [phlambke@aol.com](mailto:phlambke@aol.com):

NEW PARTS

2 sets Moog upper control arm bushings @ \$35.00 = \$70.00  
2 sets Moog offset upper control arm bushings @ \$ 41.00 = \$82.00  
2 Moog upper ball joints @ \$55.00 = \$110.00  
1 Moog lower ball joint @ \$119.00  
1 GMC final drive Pinion bearing set @ \$ 135.00  
2 rebuilt front wheel hubs @ \$250.00 – \$ 500.00  
1 Tilton HD gear reduction starter motor @ \$ 525.00

USED PARTS

1 right side 403 exhaust manifold @ \$35.00  
1 right front wheel knuckle core @ \$75.00  
1 left front wheel knuckle core @ \$75.00  
1 final drive assembly 2.73 ratio (Toro) @ \$150.00  
1 GMC 455-403 engine starter @ \$35.00  
2 GMC transmission assemblies @ \$150.00 = \$300.00

All prices in Cdn dollars.



**Winter 2018 Newsletter**

Submissions for the Winter 2018 Edition of the “Comings ‘n Goings” are due by 7 February to the Editor, Al Hamilton at [akh@1000island.net](mailto:akh@1000island.net).

**Enclosures:**

**Coachless Rally Information**

**2018 Dues Notice (Some Members Only)**

*Listing of GMC-related items for sale is available to HC members and will only appear for two issues unless otherwise arranged.*